



## **Student Packet**

Thank you for choosing to participate in Teton Science Schools Field Education program. In order to help us manage risk and provide a fun and educational experience for your child, please return the needed paperwork in a timely manner. Please contact your Trip Leader with any questions.

### **The following Items are enclosed in this packet:**

**3. Items to be completed and returned to your Trip Leader by \_\_\_\_\_**

- a. Student Medical Form**
- b. Risk Release Form**
- c. Student Standards of Behavior Agreement**

**4. Items for your reference:**

- a. Typical Jackson Campus Schedule**
- b. Clothing and Equipment List**
- c. Other \_\_\_\_\_**



**Typical Jackson Campus Schedule**

<b>Time</b>	<b>Activity</b>
<b>6:30 am</b>	Wake-up
<b>7:30 am</b>	<ul style="list-style-type: none"> <li>• Breakfast</li> <li>• Pack lunches</li> <li>• Dining Lodge clean-up</li> <li>• Prep for Field</li> <li>• Tidy up the Residence Lodge</li> <li>• Gift Shop</li> </ul>
<b>9:00 am</b>	Meet in field groups
<b>~12:00 pm</b>	Lunch in the field
<b>4:15 pm</b>	Return from field, lunch clean-up
<b>4:30 pm</b>	Community time: relax, shower, recreational activities, reflective activities, other projects
<b>5:00 pm or 5:30 pm</b>	<ul style="list-style-type: none"> <li>• Dinner</li> <li>• Dining Lodge clean-up</li> <li>• Community time</li> </ul>
<b>6:15 pm, 6:45 pm or 7:00 pm</b>	Evening program Start time is dependant on season and age group
<b>8:00 pm 8:30 pm or 9:00 pm</b>	Return to Residence Lodge and prep for lights out Start time is dependant on season and age group
<b>9:30 pm</b>	Lights-out



# Teton Science Schools

*People · Nature · Place · Education*

## **Student Standards of Behavior Agreement**

At Teton Science Schools we strive to develop the whole person with an emphasis on leadership, teamwork and self-reliance. Participants are joining a community of learners built on respect. Participants will learn and practice risk management and consideration of others so that their stay and others' stay on campus will be comfortable, enjoyable and educational. When behavior issues arise during instruction Teton Science Schools staff will focus on helping the individuals involved learn and grow from the experience with a philosophy of clear communication and positive reinforcement. If issues persist, the Teton Science Schools education team will work closely with the visiting group's leaders to develop a plan that works best for all participants involved. Parents will be involved in helping resolve chronic or serious behavior issues.

Your signatures at the bottom of this form are required for participation in Teton Science Schools' programming. Your signatures certify that you agree to the following standards set by Teton Science Schools:

- To show respect to self, others and the environment.
- To share equally in group responsibilities.
- To perform equal to your academic ability.
- To possess no weapons of any kind.
- To abstain from using alcohol, illegal drugs or tobacco in any form.
- To exhibit no violent behavior, chronic misbehavior or actions that result in an unsafe situation.
- To abstain from intimate or exclusive relationships.
- To the appropriate and respectful use of digital cameras.

We understand that failure to maintain these standards will result in dismissal and forfeiture of tuition.

Signed: \_\_\_\_\_ Date \_\_\_\_\_  
Student

Print name: \_\_\_\_\_ Date \_\_\_\_\_  
Student

Signed: \_\_\_\_\_ Date \_\_\_\_\_  
Parent or Guardian 1

Signed: \_\_\_\_\_ Date \_\_\_\_\_  
Parent or Guardian 2



# Teton Science Schools

## STUDENT MEDICAL INFORMATION

Include names/dates of all programs attending.

All information on this form must be complete, including signatures, prior to participation.

**Participants over the age of 12 yrs. AND one or preferably both parents must sign this form**

Program name or name of visiting group \_\_\_\_\_ Date(s) of Program \_\_\_\_\_

### General Student Information

This information will be shared only with Teton Science Schools (TSS) personnel, consulting and treating medical personnel and other individuals working with TSS. Otherwise the information will remain confidential.

Student \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_ Gender? M F

Home Phone \_\_\_\_\_ Family E-mail \_\_\_\_\_

Parent(s)/Guardian(s) Name(s) \_\_\_\_\_

Mailing Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Father's Bus. Phone \_\_\_\_\_ Mother's Bus. Phone \_\_\_\_\_

Father's Cell Phone \_\_\_\_\_ Mother's Cell Phone \_\_\_\_\_

Student's Physician \_\_\_\_\_ Phone \_\_\_\_\_

Student's Dentist \_\_\_\_\_ Phone \_\_\_\_\_

**INSURANCE:** Each participant is responsible for her/his own medical expenses. Medical insurance is recommended but not required.

Medical Insurance Company Name \_\_\_\_\_

Phone \_\_\_\_\_ Policy Number \_\_\_\_\_

If parents are divorced who has legal custody of child? \_\_\_\_\_

Are there any restrictions on information given to non-custodial parent? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, this information must be documented and attached to the Student Medical Information Form.

In the event of an emergency, if parent/legal guardian cannot be reached, who should be called?

Name \_\_\_\_\_ Home Phone \_\_\_\_\_

Relationship to child \_\_\_\_\_ Work/Cell Phone \_\_\_\_\_

Name \_\_\_\_\_ Home Phone \_\_\_\_\_

Relationship to child \_\_\_\_\_ Work/Cell Phone \_\_\_\_\_

**Significant Medical History/Pre-Existing Conditions:** Please list your student's medical history including hernias, ulcers, head injuries, cancer, arthritis, scoliosis, hearing/vision problems, learning differences, eating disorders or other illnesses (use extra page if necessary). In addition, please note if your student has any pre-existing medical conditions. If pre-existing medical conditions may be affected by participation in daily activities at the Teton Science Schools, please have your doctor document these conditions and give approval or agree to discuss the condition with a Teton Science Schools representative.

Date(s)	Condition	Implications/Accommodations

**(Page 1 of 2 – Signature Required on Page 2)**

## Participant Medical History

Activities such as sports or outdoor pursuits can be strenuous depending on a student's physical condition. The following information is important and will help us prevent health or medical problems before they occur.

**Please explain any Yes answers on lines provided to right. Attach additional sheet(s) if necessary.**

1. Any adverse reactions to medication?	YES	NO	1. _____
2. Is student currently taking any medication?	YES	NO	2. _____
If yes, what type/dosage?	YES	NO	_____
What is the medication specifically for?	YES	NO	_____
3. Any allergies to foods, medications, environment?	YES	NO	3. _____
Please describe the allergic reaction <u>in detail</u> .			
4. Any food/dietary restrictions?	YES	NO	4. _____
5. Has student ever been stung by a bee?	YES	NO	5. _____
If yes, describe any allergic reactions.			
6. Tetanus shot series up to date?	YES	NO	6. _____
7. Any respiratory problems or asthma?	YES	NO	7. _____
(Students who use inhalers are <u>required</u> to carry them at all times.)			
8. Any heart defects or heart disease?	YES	NO	8. _____
9. Any history of seizures, convulsions, epilepsy or other medical disorders?	YES	NO	9. _____
10. Any ankle/knee/hip or other joint problems?	YES	NO	10. _____
11. Does student have diabetes? Describe Type.	YES	NO	11. _____
12. If female, has student menstruated?	YES	NO	12. _____
If no, does she know about it?	YES	NO	_____
13. Has student consulted a <b>mental</b> health care professional in the past 2 years? Please explain.	YES	NO	13. _____
14. Does student have any other medical conditions that may preclude strenuous activities?	YES	NO	14. _____
15. Does student wear glasses or contacts?	YES	NO	15. _____

## Parents/Legal Guardians ("parents") of Minor Participants – Medical Authorization and Permission

Teton Science Schools staff is concerned about inappropriate use of both prescription and non-prescription medication by minors. Persons under 21 are not permitted to use medication without written permission from a parent, legal guardian, physician or an authorized Teton Science Schools staff person. Persons under 21 are not permitted to share medications under any circumstances.

We give permission for Teton Science Schools Staff to administer the following over-the-counter medications to our minor daughter/son:

**PLEASE CHECK THOSE MEDICATIONS WE MAY PROVIDE YOUR MINOR DAUGHTER/SON:**

\_\_\_Tylenol\* \_\_\_Aspirin\*\* \_\_\_Ibuprofen\* \_\_\_Maalox\*\* \_\_\_Ex-Lax\* \_\_\_Benadryl\* \_\_\_Loratadine (Claritin) \_\_\_Delsym (cough)

\* Smaller children under 12 years of age will be given children's dosages of Tylenol, Ibuprofen, Benadryl and Ex-Lax

\*\* Aspirin and Maalox will not be administered to students under 12 years of age.

I authorize TSS staff, contractors or other medical personnel to obtain or provide medical care for my child, to transport my child to a medical facility and to secure treatment (including but not limited to routine or emergency health care, hospitalization, injection, anesthesia or surgery) they consider necessary for my child's health. I agree to pay all costs associated with that care and transportation and agree to the release (to or by TSS) of any medical records necessary for treatment, referral, billing or insurance purposes. Note to parents: except to the extent limited by this form, my child has permission to participate in all TSS activities. I authorize that all information on this form is accurate and complete and I have not withheld any information.

<b>Participant Signature</b> (parents may print the name for those participants under 12 yrs. old)	Date	Print name here
_____ Parent 1	_____ /Parent 2	_____ /Parent or Legal Guardian Signature
<b>Parent or Legal Guardian Signature</b>	Date	Print name here



**Teton Science Schools, Inc.: Acknowledgment And Assumption Of Risks & Release And Indemnity Agreement**

(Adult and child participants – LONG FORM)

**INTRODUCTION**

Please read this entire Acknowledgment and Assumption of Risks & Release and Indemnity Agreement (hereafter 'Document') carefully before signing. All participants 12 years of age and older must sign this Document. For participants under 18 yrs. of age (hereafter sometimes 'minor' or 'child'), one or both parent/s or legal guardian/s (hereafter collectively 'parent/s') must also sign and parent/s may print the name (instead of a signature) for those participants under 12 yrs. of age. In consideration of the services of Teton Science Schools, Inc., and its officers, directors, employees, representatives, agents, volunteers, independent contractors and all other persons or entities associated with it (collectively referred to in this Document as 'TSS'), I (participant and parent/s of a minor participant) acknowledge and agree as follows:

Teton Science Schools contracts with individuals or organizations that are independent contractors (not their employees or agents) to provide some of the services and to conduct some of the activities in which participants may engage. Although Teton Science Schools has made efforts to locate responsible contractors, it does not supervise or control these contractors and is not responsible for their conduct. Participant (and parent/s) acknowledge that they may independently investigate and assess these organizations and activities, if they desire.

**ACKNOWLEDGMENT AND ASSUMPTION OF RISKS**

TSS educational and/or adventure and recreation activities on or off TSS premises (which may be scheduled or unscheduled, supervised or unsupervised or occur during free time), including those offered through the variety of TSS programs, may include, but are not limited to: hiking & backpacking; camping; canoeing; swimming; river rafting; cross-country skiing; snowshoeing; sleigh riding; instruction (including realistic and simulated experiences) in wilderness medicine, including first aid and rescue; service and research projects; wildlife and nature observation and travel in trams, chairlifts or other means, or in vans, buses and other vehicles (collectively referred to in this Document as 'activities'). I acknowledge that the inherent and other risks, hazards and dangers (collectively referred to in this Document as 'risks') of these activities can cause injury, damage, death or other loss to participant or others. Parent/s of minor participants agree to discuss the nature of these activities and risks with their child. The following describes some, but not all of those risks:

**Risks associated with travel.** Travel may be on foot; by raft, canoe, sleigh, skis, snowshoes; via mechanized travel such as vehicle, airplane, train, boat, snow vehicle, tram, chairlift or by other means and may be over rough and unpredictable terrain or via routes, lakes, rivers, hiking trail and roads in snow, rain or other adverse weather conditions.

**Risks connected with geographic location.** Activities may take place in remote places several hours or days from medical facilities, causing potential delays in communication, transportation, evacuation and medical care.

**The risk that equipment used** in an activity may be misused or may break, fail or malfunction.

**Risks present in an outdoor or wilderness environment.** These risks include travel in high altitude, mountainous or wilderness terrain both on and off trail. Travel may be subject to lightning; strong winds; fast moving rivers or other water bodies; difficult stream crossings, currents or whitewater; falling rocks; extremely hot (geothermal) or cold weather or water; snow and ice; avalanche dangers; fallen timber; stinging, venomous, or disease carrying animals or insects; poisonous plants; wild animals and other natural or man-made hazards. Hazards may not be marked or visible and weather is unpredictable year around.

**Risks involved in decision-making and conduct,** including, without limitation, the risk that a TSS staff member, volunteer or contractor may misjudge a participant's capabilities, health or physical condition or misjudge some aspect of instruction, medical treatment, weather, terrain, water level or river and/or terrain route location.

**Personal health and participation risks.** The risk that participant's mental, physical or emotional condition (disclosed or undisclosed, known or unknown) combined with participation in these activities could result in injury, damage, death or other loss. Although TSS personnel will review participant's health information, TSS cannot anticipate or eliminate risks or complications posed by participant's mental, physical or emotional condition.

**Risks regarding conduct.** The potential that participant, or other participants or third parties (e.g., driver, rescue squad, hospital) may act carelessly or recklessly.

**Risks associated with riding in vehicles.** Participants may ride in vans, cars, buses or other vehicles for program purposes. Risks include, but are not limited to vehicular accidents, rollovers or injury associated with extending the body through the roof hatch. Participants must remain seated at all times when the vehicle is moving and must wear seatbelts when available.

**Risks associated with premises.** Slippery walkways, uneven ground, ruts, boulders or other conditions may exist in and around TSS. Participants may engage in TSS chores using TSS tools and materials.

**Participants may have free time** before and after the start of a course or class and at various other times while they are with TSS.

**Risks associated with cooking and camping.** Risks include gas explosion, scalding or other burns associated with cooking over a gas stove or open fire, and water contamination in natural water sources. All water may be contaminated and should be disinfected, filtered or boiled before use.

**Risks associated with travel in areas where firearms** are allowed, including, without limitation, the risk of being shot or struck by accidental discharge or malfunction of a firearm.

**Research and service project risks** including, without limitation, risks associated with activities such as handling wild or domestic animals, building, fence removal, digging, lifting, construction, maintenance and repair (including trail work). Projects may involve the use of hand tools, power tools, trail maintenance tools and ladders; chemicals for soils and water quality testing and electronic equipment such as telemetry receivers, GPS units and sensors.

**Such other risks** that are generally associated with educational and/or adventure and recreation activities.

These and other risks may result in participants: falling; being struck; colliding with objects or people; experiencing vehicle or boat capsize or collision; reacting to high altitudes, weather conditions or increased exertion; becoming lost or disoriented; suffering gastrointestinal complications or allergic reactions or experiencing other problems. These and other circumstances may cause hypothermia, dehydration, heat exhaustion, frostbite, drowning, high altitude sickness, heart or lung complications, broken bones, paralysis, concussions, sunburn or other burns, mental or emotional trauma or other injury, damage, death or loss.

I (participant and parent/s of a minor participant) agree:

- to accurately complete the appropriate TSS forms, to abide by the terms of those documents and to follow all TSS rules and policies;
- to review all TSS program information and materials received, and I understand that TSS staff members are available should I have other questions about the nature and physical demands of these activities or the associated risks;
- If participant has any mental, physical or emotional conditions or limitations which might affect his/her ability to participate, I agree to disclose those to TSS and represent that participant is fully capable of participating without causing harm to him or herself or others;
- During both supervised and unsupervised activities, all participants share in the responsibility for their own safety;
- TSS staff or contractors cannot assure participant's safety or eliminate any of these risks.

**Participant is voluntarily participating with knowledge of the risks. Therefore, participant (and parent/s of minors) assumes and accepts full responsibility for the inherent and other risks (both known and unknown) of these activities and for any injury, damage, death or other loss suffered by participant (and parent/s of minors) resulting from those risks and/or resulting from participant's negligence or other misconduct.**

**RELEASE AND INDEMNITY AGREEMENT**

**Please read carefully. This Release and Indemnity Agreement contains a surrender of certain legal rights.** Certain federal land agencies (including the National Park Service and some regions of the U.S. Forest Service) restrict service providers, including TSS, from seeking releases of liability for negligence, for injuries or other losses occurring while operating under permit or concession on those federal lands. Therefore, except to the extent a court determines these federal restrictions are enforceable against TSS as a matter of law, **I (adult participant or parent/s for themselves and for and on behalf of their participating minor child) agree:**

1) **to release and not to sue TSS** with respect to any and all claims, liabilities, suits or expenses (including attorneys' fees and costs) (hereafter collectively 'claim' or 'claim/s') for any injury, damage, death or other loss in any way connected with my/my child's enrollment or participation in these activities or use of TSS equipment, facilities or premises. **I understand that in signing this Document, I, my child and anyone acting on my or my child's behalf surrender all rights to make a claim against TSS as a result of any injury, damage, death or other loss suffered by me or my child;**

2) **to defend and indemnify** ('indemnify' meaning protect by reimbursement or payment) **TSS** with respect to any and all claim/s:  
(a) brought by or on behalf of me, my child, spouse or other family member for any injury, damage, death or other loss in any way connected with my/my child's enrollment or participation in these activities or use of TSS equipment, facilities or premises; and/or  
(b) brought by a co-participant or any other person for any injury, damage, death or other loss to the extent caused by my/my child's conduct in the course of participating in these activities or using TSS equipment, facilities or premises.

**This Release and Indemnity Agreement includes claim/s resulting from TSS' negligence (but not its willful or wanton misconduct), and includes claim/s for personal injury or wrongful death (including claim/s related to emergency or medical response, assessment or treatment), property damage, breach of contract or any other claim.**

**CONCLUSION**

**I (participant and parent/s of a minor participant) agree** that Wyoming substantive law (without regard to its conflict of laws rules) governs this Document, any dispute I have with TSS and all other aspects of my relationship with TSS and that any mediation, suit or other proceeding must be filed or entered into only in Teton County, Wyoming. I agree to attempt to settle any dispute (that cannot be settled by discussion) through mediation before a mutually acceptable Wyoming mediator. I authorize TSS staff, representatives, contractors or other medical personnel to obtain or provide medical care for participant, to transport participant to a medical facility and to provide treatment they consider necessary for participant's health. I agree to pay all costs associated with that care and transportation. I agree to the release (to or by TSS) of any medical records necessary for treatment, referral, billing or insurance purposes. I authorize TSS to use my or my child's photo or image in any manner, for advertising, display, audiovisual, electronic or other use. **This Document is intended to be interpreted and enforced to the fullest extent allowed by law. If any portion of this Document is deemed unlawful or unenforceable it shall not affect the remaining provisions, and those remaining provisions shall continue in full force and effect.**

**Participant and parent/s of a minor participant agree:** I have carefully read, understand and voluntarily sign this Document and acknowledge that it shall be effective and binding upon me, my minor children, spouse and other family members and my heirs, executors, representatives and estate. **One or preferably both parent/s must sign below for any participating minor (those under 18 yrs. of age).**

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Participant Signature (*parent/s may print name for those participants under 12 yrs. old*) \_\_\_\_\_ Date \_\_\_\_\_ Print name here \_\_\_\_\_

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Parent 1 \_\_\_\_\_ / Parent 2 \_\_\_\_\_  
Parent or Legal Guardian Signature Date Print name here / Parent or Legal Guardian Signature Date Print name here



## **Clothing and Equipment List**

### **Prohibited Items:**

*Parents/ teachers are responsible for ensuring that prohibited items are not brought to Teton Science Schools.*

16. Weapons of any kind. This includes guns, knives (including pocketknives), mace, etc.
17. Non-prescription medications. Such medication will be dispensed by TSS staff as necessary. In addition, no prescription medication should be brought or used unless noted on the participant medical form.
18. Alcohol, drugs or tobacco products.
19. Any electronics, including: radios, mp3 players, electronic games, curling irons, lap tops or hairdryers.
20. Food, drinks, gum, or candy. Any food in lodges attracts unwanted small animals.
21. Cell phones will be collected from students upon arrival.

### **Clothing Materials & Logistics:**

It is essential to have adequate clothing for outdoor studies. Temperatures in Jackson are extremely variable. Freezing temperatures and frost can occur any month of the year. The "layer system" of wearing multiple layers of clothing is advisable since it traps more warm air and allows for versatility in adjusting to changing weather conditions. Whenever possible, please avoid cotton clothing for outdoor wear - it gets wet and stays wet.

### **Required Clothing and Equipment for all Seasons**

Category	Item	Essential	Additional Seasonal Requirements	
			Winter	Summer
Footwear	Indoor shoes	1 pair comfortable indoor shoes/slippers		
	Hiking shoes	1 pair sturdy, comfortable, quality hiking shoes that are well broken-in.	Snow boots	1 pair of water shoes
	Socks	1 pair of socks per day. Wool or synthetic socks are ideal.	2 pair wool socks per day	
Upper Clothing Layers	Warm outer layer	1 warm winter coat (wool, down, or fiberfill) or parka shell plus additional wool sweaters.		Fleece jacket
	Waterproof layer	Each student should have a waterproof rain jacket with a hood. The raincoat should fit over all other layers. Fabrics such as Gore-Tex or coated nylon are fine. Please avoid plastic. Rain pants and jacket are more effective against wind and rain than a poncho.		
	Sweaters	1 warm sweater	2 warm sweaters	
	Long sleeve	2 long sleeve shirts or turtlenecks		1 long sleeve shirt or turtleneck
	T-shirts	1 t-shirt per day		

Category	Item	Essential	Additional Seasonal Requirements	
			Winter	Summer
Upper Clothing Layers	Hat	Warm winter hat that covers ears and a baseball cap		
	Gloves	1 thick waterproof pair wool or fiberfill	Extra pair recommended	
Bottom Clothing Layer	Long underwear	1 pair long underwear (wool or synthetic; not cotton)	Two pairs of long underwear	No long underwear
	Snow pants	1 pair snow pants		No snow pants
	Rain pants	The rain pants should fit over your long underwear and heavy pants. Fabrics such as Gore-Tex or coated nylon are fine. Please avoid plastic. Rain pants and jacket are more effective against wind and rain than a poncho.		
	Hiking pants	2 pairs of durable pants		1 pair of pants and 1 pair of shorts
	Evening pants	1 pair of comfortable pants for evenings		
	Underwear	Several changes of underwear		
Linens	Sleeping bag	Warm sleeping bag		
	Bedding	Pillowcase and flat sheet for under sleeping bag		
	Towel	Towel and washcloth		
Other Necessary Items	Toiletries	toothbrush, shampoo, comb, soap, tissues, etc.		
	Pencils	3 pencils		
	Sun protection	Sunscreen, chapstick, sunglasses or goggles		
	Bag	Duffel bag or suitcase for gear storage		
	Water bottle	Reusable 1 liter bottle		
	Water bottle	Reusable 1 liter bottle		

## Teton Science Schools Will Supply

Category	Item
Winter recreation gear	Snowshoes, cross-country skis, boots, poles
Ice and slush protection	Gaiters, yak trax
Backpack	Day pack with waist belt
Notebook	Field journal